# One Plan Checklist

Use this checklist to help you create a One Plan.

The One Plan should:

* be written by people who know the child or young person well, such as parents and teachers
* include everyone’s perspectives
* centre the child or young person and family

## **What a One Plan should include:**

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| **Aspirations and motivations**  The child or young person’s hopes, ambitions, likes and interests |  |
| **Strengths and skills**  The child or young person’s good qualities |  |
| **Needs**  When and where they need some help |  |
| **Targets**  The short-term steps towards their outcomes |  |
| **Outcomes**  Steps towards their larger aspirations |  |
| **Support they will get**  What help is in place with the school or other professionals |  |
| **People responsible**  The people responsible for putting the provision in place |  |
| **Date of the next review**  When you will look at what you have tried, what is and what isn’t working and why |  |